



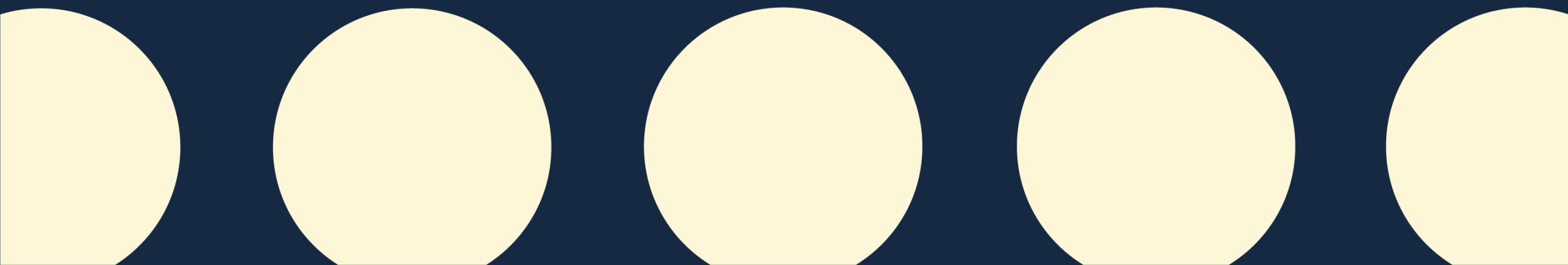
First Tee – GCNKY

New Volunteer Orientation

2022

Agenda

1. Introduction
2. What is First Tee?
3. First Tee – GCNKY
4. Golf Course Program
5. Volunteer Opportunities & Expectations
6. Coaching Tips & Tricks
7. Final Items and Closing Remarks
8. Q&A Session



What is First Tee?

First Tee is a youth development program that enables kids and teens to build the strength of character that empowers them through a lifetime of new challenges. Junior golf is just part of First Tee. Through our interactive program, kids will learn life skills that stay with them the rest of their lives.



Our Mission

To impact the lives of young people by providing educational programs that build character and instill life-enhancing values through the game of golf.



Our Commitment

We believe experiences are our greatest teacher. We believe in developing the ones that are just as fun as they are meaningful, where kids feel excited to grow, safe to fail, and better equipped for whatever life throws at them.

Our Program



First Tee – Greater Cincinnati & Northern Kentucky

Our chapter has been operating locally since 2006. Our service area includes the following counties:

- **Ohio:** Hamilton, Clermont, Butler, & Warren
- **Kentucky:** Boone, Campbell, & Kenton

We also partner with other youth-serving organizations and schools to deliver hybrid versions of our program to kids without the means to come to our teaching locations.

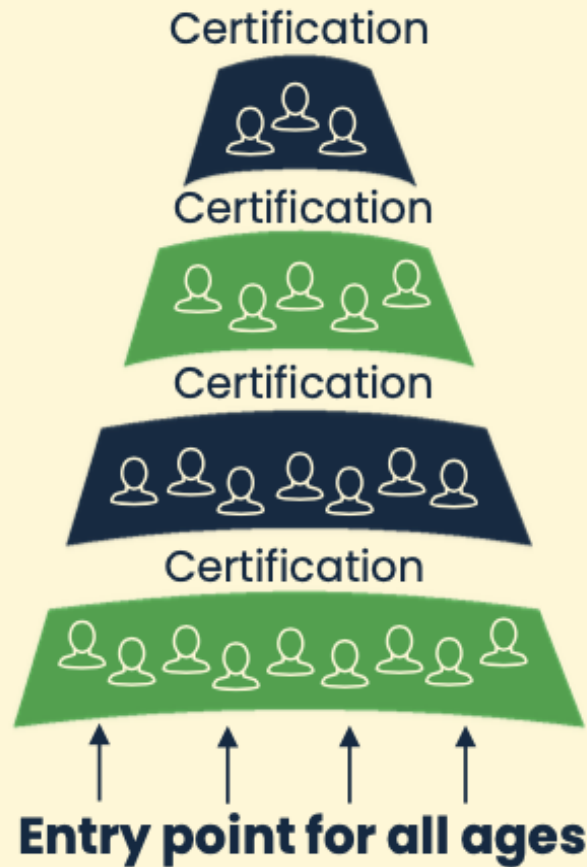
Our Partner Courses

Reeves GC, Meadow Links & Golf Academy, Woodland GC, Neumann GC, Legendary Run
*Armco Park GC, *Shaker Run GC, *Potters Park GC,*Indian Ridge GC, & The Golf Courses of Kenton County

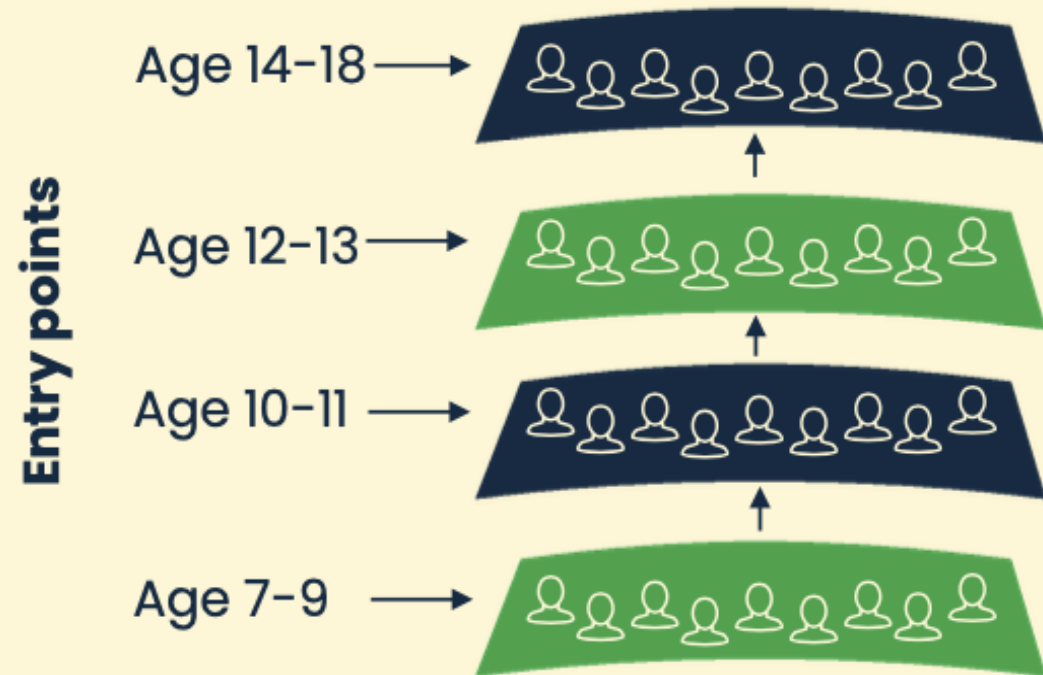
2021 Recap

- 1,005 Kids at 9 Area Golf Courses
- 100+ Volunteers
- 65 School Program Partners
- 500+ Kids in Community Programs
- 42 Community Program Partners

Level-Based (Current)



Age-Based (Refreshed)



Golf Course Scheduling

Spring Programs (March - May): 6 Weeks

- 1 class per week for ~ 1 hour
- Monday – Saturday (ex Friday)

Summer Programs (June - August): 8 Weeks total

- Summer A (June – July) & Summer B (July – August)
 - 1-2 classes per week ranging from ~ 45 minutes - 3:00 hours
 - Monday – Saturday (ex Friday)

Fall Programs (September - October): 6 Weeks

- 1 class per week for ~ 1 hour
- Monday – Saturday (ex Friday)

*Programs vary by location and time. Please refer to our website for up-to-date schedules at our teaching locations:

www.firstteegcnky.org



By this point, you may be asking, “Where do I fit in with First Tee”?

In the next few slides, we will go over how anyone can make an impact in our chapter.

Qualities of a Great Volunteer

1. FUN (Most Important)
2. Outgoing
3. Collaborative
4. Positive
5. Approachable
6. Patience
7. Understanding
8. Encouraging
9. Commitment

Volunteer Opportunities



1. Volunteer Coach

- Make sure the kids are **having fun and being safe**. Our volunteer coaches are here to encourage and support our youth and this is your opportunity to mentor the youth while getting to know them.
- Assist the Head Coach at the golf course, reinforce the class concepts, set up/tear down equipment, and monitor safety zones.

Other Opportunities:

- Transition Opportunities – Paid Coach
- Events
- Operations
- Administration
- Mentoring/Tutoring



Volunteer Opportunities



Throughout the year, First Tee – GCNKY typically delivers several outreach and one-off events through our community partnerships.

- A Kid Again
 - TBD
- Field Days
 - (6/17, 6/24, 6/15, 7/22)
- SCRATCH Golf
 - 6/29 (subject to change)
- *CRC Community Days with First Tee – GCNKY
 - 6/7-8/4
- LPGA Girls Golf
 - (Once/month)
- LPGA Tournament
 - 9/5-9/11
- First Tee Golf Outing
 - 5/9



Volunteer Coach Responsibilities

General

- Complete the following:
 1. Background Check
 2. Safe Sport Training
 3. Volunteer Agreement and Release
- Be familiar with incident reporting and emergency/first aid procedures. – Coach Docs

Pre-Class

- Review the class lesson plan and other info provided by the Head Coach
- Arrive 15 - 30 minutes early to sign in, participate in a pre-class briefing, and assist with class setup
- Be prepared to manage student check-in and nametag distribution
- Build rapport with the kids, reinforce the key concepts, and reinforce positive behaviors



Volunteer Coach Responsibilities Cont.

During Class

- Assist with the warm-up & wrap-up activities
- Monitor safety guidelines and procedures
- Reinforce the golf instruction and class concepts from the lesson plan
- Be an “encourager.”
- Ensure students are respecting the teaching facility

Post Class

- Help collect nametags, distribute info handouts (if any), communicate with parents/guardians, & monitor safety
- Manage late departures - ensure no student is left alone waiting for pick-up
- Return training aids, equipment and supplies to storage (or for transport)
- Debrief with the Head Coach



What to bring to class?



What to Bring

1. Water Bottle
2. Golf Clubs – for instructional purposes
3. Sunscreen

What is Provided

1. Name Tag
2. Lesson Plan

Coaching Tips & Tricks



Coach Building Blocks

High Quality Relationships

Empower Youth

- Active participation and
involvement

Continuous Learning

- Reinforcement of learning

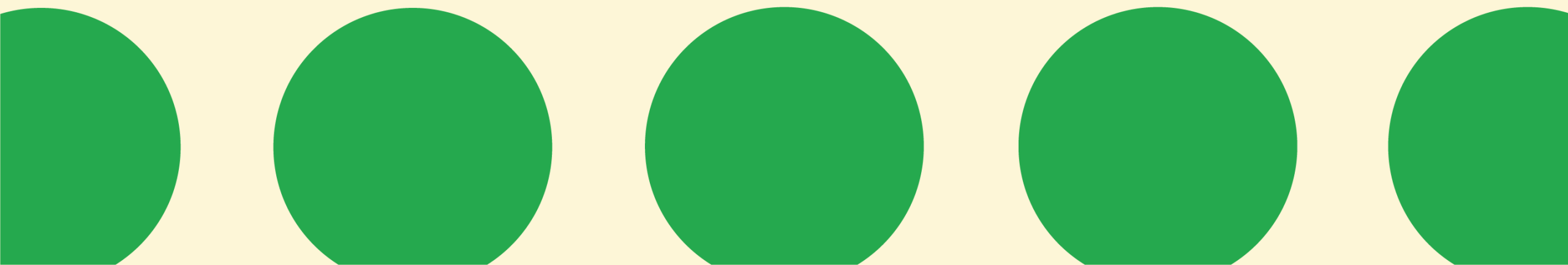
Activity Based

- Emphasize doing vs telling

Mastery Driven

- Focus on participants own
experiences & seeking challenges

Optimal Learning Environments



Coach Role in Doing vs. Telling...

- More doing, less telling
- Short Introduction to Core Value
- Brief instructions for activities
- Use Participants to model golf skills
- Time from class arrival to first shot should be quick
- Maximize repetitions and practice opportunities



Mastery-Driven

Coaches create an environment which encourages participants to pay attention to their own experiences and seek challenging tasks—just beyond their current skill level—to help develop new skills.

Intention = Attention

- Each lesson has an explicit purpose (intention); coaches keep their instruction and feedback (attention) congruent with this purpose

Balance Process & Outcome

- Coaches define success as learning and improving rather than comparison to others' performance. Feedback focuses on each PLAYer's learning pace and abilities.



Swing Thoughts and Coaching Tips for Guided Discovery

A Youth Centered approach uses open-ended questions and enters “their world”

- Ask the PLAYer if they are happy with their shots or if they would like some help
- Ask the PLAYer what they are trying to do before considering suggestions
- Remember to treat the PLAYer as the expert on themselves



Continuous Learning

Good-Better-How

- When PLAYers are learning new skills, it is important for them to understand, store and then recall the thoughts, emotions, movements and/or behaviors which helped them improve.

Coachable Moments

- Coachable moments occur while young people are playing golf or interacting with their peers beyond the formal instructional setting.



Swing Tips

- Putt
 - Y – Putt – Y
- Chip
 - Y – Chip – Y
- Pitch
 - L – Pitch – L
- Full-Swing
 - Circle Away – To – Circle High

Putt



Chip



Pitch



Golf Skill Categories and Factors of Influence

1. Distance – Response
 - Size of Length of Motion (7-9)
 - Club Selection (10-11)
2. Target Awareness
 - Target Selection (7-9)
 - Distance to the target (10-11)
3. Get Ready to Swing (7-9)
 - Hold
 - Set-up
 - Aim & alignment
4. Body Balance
 - Balanced Finished (10-11)
 - Balanced start (12-13)
5. Clubface and Ball Contact
 - Clubface direction at contact (10-11)
 - Centeredness of hit (12-13)
6. Swing Rhythm
 - Swing Tempo (12-13)
7. Routines: Pre-shot and Postshot
 - Pre-shot: Mental and emotional aspects
 - Postshot: Emotionally neutral response to an undesirable process and/or outcome
8. Ball Flight
9. On-course Strategies

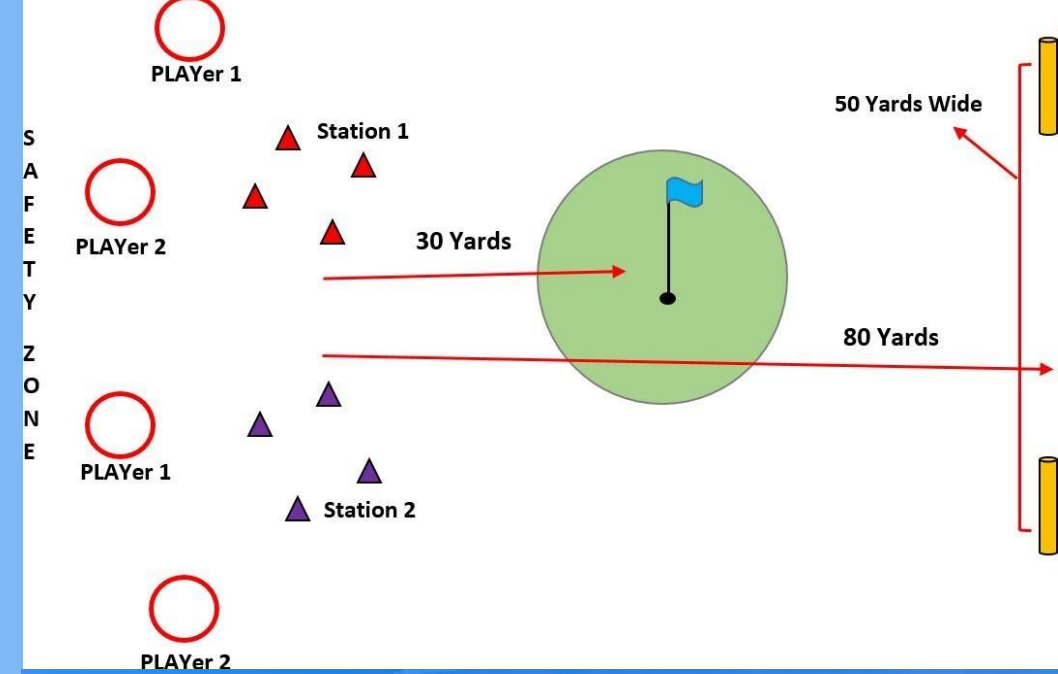


Safety in Classes

The safety of our participants, coaches, and volunteers is our top priority in classes.

Safety Measures:

- All participants in the “Safety Position” when not hitting
 - No practice swings outside of the hitting zone
- All participants must be in a Hula-Hoop (Safety Circle) or at least 6 feet back from the hitting area when not participating
- Clearly outlined stations (i.e., Cones, alignment sticks, or range bays).
- Safety Zone outlined in flagging tape or clearly stated at the station.



Final Items & Closing Remarks

Volunteer Policies and Procedures



Background Check

- Doing all we can to protect our students is paramount and we require all our volunteers to complete a background security check every two years. The cost of the background check is \$20.



Training

- First Tee is committed to fully complying with all elements of The Protecting Young Victims from Sexual Abuse and SafeSport Authorization Act of 2017 (the “Act”), which was enacted to curtail and prevent abuse found at various youth sports organizations by elevating the standard of care by which sports organizations must act.



Volunteer Waiver

- This is a standard liability waiver that covers First Tee in the event of an incident in addition to granting First Tee the permission to use any media content (i.e., videos or photos) captured during a class on our website. Paper copies will also be available upon request.

Volunteer Policies and Procedures Cont.



Child Safety

- All volunteers are required to comply with the Chapter's Risk Management & Child Protection policy.



Student Behavior

- If a student is not adhering to First Tee's Code of Conduct, then please ask the Head Coach how it should be addressed. Participants should always be communicated with respectfully and with empathy, so seek to understand their situation first.



Dress Code

- We ask volunteers to dress in a manner that presents a positive example to our participants. Collared shirts, khaki-type pants or shorts, athletic shoes, and hats/visors.

Volunteer Policies and Procedures Cont.



Professionalism

- To emphasize that the primary attention must be on the students and class activities, we ask that volunteers refrain from cell phone usage during class time.



Class Cancellation

1. With safety a primary concern, we monitor weather conditions in advance at our teaching locations before deciding to cancel class. A decision to cancel class is made, at the latest, one hour prior to class start time. Notice of a cancellation is made in one of two ways:

1. Text Magic (all volunteers and coaches are automatically enrolled to receive updates)
2. The Head Coach will send a cancellation notice via text/email.



Absence

- If you are unable to attend a class for which you are scheduled, please text or email Ben Walker with as much advance notice as possible so he can try to find a sub for you.

Contact Information

Please contact me directly with any questions.

- **Ben Walker** | Community Impact and Volunteer Coordinator |
- ben@firstteegcnky.org
- (513) 988-7226 EXT.5
- 4747 Playfield Lane Cincinnati, OH 45226

Thank You!

Together, we are Building Game Changers!



@firsttee.gcnky



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